

# JULY 2026 MENU

## AREA AGENCY ON AGING REGION X

Monday	Tuesday	Wednesday 1st	Thursday 2nd	Friday 3rd
		Sloppy Joe on Bun Potato Salad Coleslaw Peaches Ice Cream Bar Coffee/Tea/Milk	Chicken Alfredo w/ Linguini Broccoli Garlic Bread Dark Green Leafy Salad Sliced Pears Coffee/Tea/Milk	Happy 4th of July
<b>6th All American</b>	<b>7th</b>	<b>8th</b>	<b>9th</b>	<b>10th</b>
Cheeseburger w/ Bun Lettuce, Tomato, Onion, Pickle Potato Chips Macaroni Salad/ Watermelon Apple Pie Coffee/Tea/Milk	Polish Sausage On Bun Sauerkraut 3 Beans Salad Mandarin Oranges Brownies Coffee/Tea/Milk	Salisbury Steak w/ Caramelized Onions Mashed Potatoes w/ Gravy Carrots Tropical Fruit Wheat Roll Coffee/Tea/Milk	Cook's Choice  Coffee/Tea/Milk	Chicken Tenders Baked Potato w/ sour cream California Blend Wheat Roll Apple Crisp Coffee/Tea/Milk
<b>13th</b>	<b>14th</b>	<b>15th</b>	<b>16th Birthday Dinner</b>	<b>17th</b>
Hot Dog w/ chili & cheese French Fries Coleslaw Grape Juice Sliced pears Coffee/Tea/Milk	Goulash w/ Tomatoes and Onion Green Beans Dark Leafy Green Salad Wheat Roll Strawberries & Bananas Coffee/Tea/Milk	Tater Tot Casserole Peas Salad Jello Fluff Whole Grain Roll Coffee/Tea/Milk	Chicken Fried Steak Mashed Potato / Gravy Peas & Carrots Whole Grain Roll Cake /w Fruit Coffee/Tea/Milk	Taco Salad meat, cheese, & beans w/ Lettuce & Tomatoes Pineapple Tostitos Pudding Coffee/Tea/Milk
<b>20th</b>	<b>21st</b>	<b>22nd</b>	<b>23rd</b>	<b>24th</b>
Soft Tacos Lettuce, cheese, tomatoes Beans Spanish Rise Jello w/ Fruit Coffee/Tea/Milk	Pork Chop Scalloped Potato Peas & Carrots Dark Green Leafy Salad Wheat Roll Coffee/Tea/Milk	Meatloaf w/ Ketchup Mashed Potatoes w/ Gravy Carrots Mixed Fruit Wheat Roll Coffee/Tea/Milk	BBQ Chicken Potato Salad Coleslaw Wheat Roll Cookie Coffee/Tea/Milk	Cook's Choice  Coffee/Tea/Milk
<b>27th</b>	<b>28th</b>	<b>29th</b>	<b>30th</b>	<b>31st</b>
Biscuits and Gravy Sausage Scrambled Eggs Hashbrown Orange Juice Coffee/Tea/Milk	Lasagna Green Beans Dark Green Leafy Salad Garlic Bread Sliced Pears Coffee/Tea/Milk	Tuscan Chicken Italian Blend Vegetables Roasted Potatoes Pears Garlic Roll Coffee/Tea/Milk	Frito Chili Pie Buttered Corn Dark Green Leafy Salad/Spinach Pineapple Cake Coffee/Tea/Milk	Chicken and Stuffing Casserole Roasted Potatoes California Blend Vegetables Rosie Applesauce Wheat Roll Coffee/Tea/Milk

